

Basic Teachings of Islam

Salah – Prayer

Deen Foundation

www.DeenFoundation.org.uk



Deen Foundation

www.DeenFoundation.org.uk

The *Essentials of Islam* course is brought to you by **Deen Foundation**.

One of the core objectives of Deen Foundation is to spread knowledge and educate the world on different religious, social and professional matters by publishing books, articles, video presentations and holding conferences.

Definition of Salah

- The literal meaining of Salaah is Du'a (supplication).
- However technically it is that collection of words and actions which begins with the Takbeer (Allahu Akbar) and ends with the Salaam (Assalaarnu Alaikum Wa Rahmatullah) with specific conditions.

Virtues of Prayer

- The prayer has many benefits.
  - It cleans the heart and the mind.
  - It is a means of communication between the servant and the Lord in this world that will eventually lead him to paradise.

Virtues of Prayer

- Moreover it is an effective means of preventing one from going near to evil and indecency.

ٱتْلُ مَآ أُوحِىَ إِلَيْكَ مِنَ ٱلْكِتَٰبِ وَأَقِمِ ٱلصَّلَوٰةَ ۖ إِنَّ ٱلصَّلَوٰةَ تَنْهَىٰ عَنِ ٱلْفَحْشَآءِ وَٱلْمُنكَرِ ۗ

وَلَذِكْرُ ٱللَّهِ أَكْبَرُ ۗ وَٱللَّهُ يَعْلَمُ مَا تَصْنَعُونَ ﴿٤٥﴾

- Recite what has been revealed to you of the Book (the Quran), and perform the prayers. Verily the prayer prevents from great sins of every kind and disbelief, and the remembering of Allah is greatest and Allah knows what you do.“ (29.45)

Virtues of Prayer

- Jaabir ibn Abdullah (ra) reports that the blessed Prophet said:
  - "The key to paradise is prayer and the key to prayer is cleanliness.“

Virtues of Prayer

- Abu Huraira (ra) says that he heard the Prophet saying:
  - “O my companions ! if there is a stream running in front of a person’s home and he takes a bath five times in it every day, do you think any dirt will remain on him?"
  - They said no dirt will remain on him.
  - Holy Prophet said: "That is the example of the five daily prayers. Because of them Allah (swt) wipes away all sins of a person.“

Virtues of Prayer

- Abu Zarr (ra) says that once in winter the Prophet walking outside whilst the leaves were falling from trees.
- He held a branch of a tree and the leaves began to fall.
- He asked “O Abu Zarr!"
- I replied, “Yes, O Messenger of Allah.”
- He said, "When a Muslim prays seeking the pleasure of Allah (swt) his sins fall from him like these leaves fall from this tree."

Virtues of Prayer

- Mu'aaz ibn Jabal (ra) reports that the Blessed Prophet said:
- "The origin of all affairs is Islam and its pillar is the prayer”

Virtues of Prayer

- The Qur'an makes it very clear that the daily five prayers are obligatory for every adult Muslim who is sane.

فَإِذَا قَضَيْتُمُ ٱلصَّلَوٰةَ فَٱذْكُرُوا۟ ٱللَّهَ قِيَٰمًا وَقُعُودًا وَعَلَىٰ جُنُوبِكُمْ ۚ فَإِذَا ٱطْمَأْنَنتُمْ فَأَقِيمُوا۟

ٱلصَّلَوٰةَ ۚ إِنَّ ٱلصَّلَوٰةَ كَانَتْ عَلَى ٱلْمُؤْمِنِينَ كِتَٰبًا مَّوْقُوتًا ﴿١٠٣﴾

- When you finish prayer, remember Allah standing, sitting down, or lying down on your sides; but when you are free from danger, set up regular Prayers: prayers have been made obligatory for believers at set times. (4.103)

Virtues of Prayer

- Although the prayer is not obligatory for children they should be encouraged to pray when they become at the age of seven.
- Holy Prophet says:
- "Tell children to pray when they are seven years
- old and when they are ten and still fail to pray then punish them."

Punishment for Missing the Prayer

- To miss the prayer without an excuse is a major sin
- To deny the obligation of prayer is Kufr (disbelief) because prayer is a compulsory part of Islamic faith.
- It is an Islamic duty of all the Muslims to encourage others to pray 5 five daily prayers.

Punishment for Missing the Prayer

- The Holy Quran describes the conversation between the people of paradise and the people of hell:
- The people of paradise ask people of hell:

مَا سَلَكَكُمۡ فِي سَقَرَ ﴿٤٢﴾ قَالُواْ لَمۡ نَكُ مِنَ ٱلۡمُصَلِّينَ ﴿٤٣﴾ وَلَمۡ نَكُ نُطۡعِمُ ٱلۡمِسۡكِينَ ﴿٤٤﴾

وَكُنَّا نَخُوضُ مَعَ ٱلۡخَآئِضِينَ ﴿٤٥﴾ وَكُنَّا نُكَذِّبُ بِيَوۡمِ ٱلدِّينِ ﴿٤٦﴾ حَتَّىٰٓ أَتَىٰنَا ٱلۡيَقِينُ ﴿٤٧﴾

Punishment for Missing the Prayer

42. "What led you into Hell Fire?"
43. They will say: "We were not of those who prayed;
44. "Nor were we of those who fed the poor;
45. "But we used to gossip with vain talkers;
46. "And we used to deny the Day of Judgment,
47. "Until the Day of Judgement came to.“ (74.42-47)

Types of Prayers

There are four types of prayers:

1. Fard - like the five daily prayers.
2. Waajib - like the Eid and Witr prayers.
3. Sunnah - like the four Sunnah Mu'akkadah before Zuhr and four Sunnah ghair Mu'akkadah before Asr prayer.
4. Mustahabb - like the two units of entering the Mosque or two units after making Wudu or prayer at night.

Number of Units of Five Daily Prayers

1. Faraa-id:
   - There are seventeen units as follows:
   - Fajr: 2, Zuhr: 4, Asr: 4, Maghrib: 3, Isha: 4.

2. Waajibaat:
   - There are three units of Witr after Isha Fard.
   - Ibn Abbas says: "The Prophet used to pray three units of Witr, in the first he read Surah A'la, in the second Surah Kaafiroon and in the third Surah Ikhlaas."

Number of Units of Five Daily Prayers

3. Sunnah Mu'akkadah:

- There are twelve units. Holy Prophet said:
- "Whoever prays twelve units in a day and night a palace is built for him in the paradise.
- These are four before Zuhr and two after it, two after Maghrib, two after Isha and two before Fajr.“

4. Sunnah Ghair Mu'akkadah:

- These are eight : four before Asr and four before Isha.
- The Prophet said: "May Allah bless the person who prays four
- units before Asr."

Number of Units of Five Daily Prayers

5. Nawaafil (Voluntary):

- Nawafil prayers are voluntary prayers.
- These are many, for example, the prayer at night, the prayer before midday, Awwaabeen (after Maghrib).
- The major benefit of Nawaafil prayer is that they will make up for any **deficiency** in the Fard prayer.
-

Number of Units of Five Daily Prayers

- The Blessed Messenger said:
- "The first thing that a person will be questioned about on the day of Judgement is the prayer. If they are complete he will be successful and if they are incomplete then he will be a loser.
- If there is a deficiency in his Fard, Allah (swt) will say: Look at his voluntary prayers if he has any then supplement his Fard prayers with the Nawaafil this will be done with all of his other deeds."

Daily Five Prayers

	Fard	Witr	Sunnah Muakkadah	Sunnah Ghair Muakkadah	Nawafil
Fajr	2		2B		
Zuhr	4		4B+2A		2A
Asr	4			4B	
Maghrib	3		2A		2A
Isha	4	3A	2A	4B	2A, 2A

- B = Before the Fard
- A = After the Fard